



## Wayne County Public Health

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**Public Health**  
Prevent. Promote. Protect.  
Wayne County, NY



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### **Quarantine Information for Parent/Guardians and School Faculty & Staff (1/21/22)**

Recently New York State Department of Health (NYSDOH) announced they will no longer conduct contact tracing phone calls to close contacts of an individual infected with COVID-19. Due to capacity issues, Wayne County Public Health (WCPH) and Wayne County School Districts (School Districts) will only contact trace to identify close contacts to a cluster outbreak situation in specific school settings. Below is a summary of how contact tracing for cluster outbreak situations will occur, who would need to quarantine and how to safely quarantine while at home.

#### **Identified Cluster Outbreak in a School Setting:**

A cluster outbreak is defined as having 2 or more individuals testing positive for COVID-19 during a 10 day period of time in a specific school setting, such as a classroom, an athletic team, etc.

WCPH will work closely with the School District to identify close contacts to an individual with COVID-19 in each cluster outbreak situation. The vaccination status of each close contact will determine the type of quarantine an individual should adhere to, to limit further spread of the virus. Please see below.

#### **Who does not need to Quarantine:**

- Individuals 12 years and up who are fully vaccinated and boosted
- Individuals who are 12 years and up who are fully vaccinated and not yet eligible for a booster
- Individuals who are 5-11 years of age who are fully vaccinated. This age group is not yet eligible for a booster dose of vaccine
- Anyone who has had a confirmed COVID-19 infection within the last 90 days (tested positive with a viral test, e.g. antigen [rapid] or PCR), regardless of vaccination status.

\* A person is considered fully vaccinated for COVID-19  $\geq 2$  weeks after receipt of the second dose in a 2-dose series (Pfizer-BioNTech and Moderna) or  $\geq 2$  weeks after receipt of a single dose of the Janssen COVID-19 Vaccine.

#### **Individuals who fall into any of the categories below will need to quarantine as described.**

##### **Ages 12 years and up**

##### **Fully vaccinated and is eligible for a booster shot, but has not received one.**

- If remain symptom free, may attend school.
- Must wear a well-fitting mask at all times while at school (except for when eating or drinking) and at home/community for 10 full days from last day of exposure.
- Cannot attend extra-curricular and after school activities (e.g. clubs, athletics, etc) while under Quarantine
- When not at school, Quarantine at home for 5 full days from last day of exposure.

##### **Not vaccinated or has not completed a full series of vaccination**

- Must Quarantine for 5 full days at home
- Cannot attend school
- Cannot attend extra-curricular and after school activities while under Quarantine
- May return to school after completing 5 full days of Quarantine at home if remain symptom free

## Ages 5 – 11 years

### **Not vaccinated or has not completed a full series of vaccination**

- Must Quarantine for 5 full days at home
- Cannot attend school
- Cannot attend extra-curricular and after school activities while under Quarantine
- May return to school after completing 5 full days of Quarantine at home if no symptoms develop.

Quarantined individuals will not get a call from WCPH or from the New York State Virtual Contact Tracers.

### **Information on How to Quarantine at Home**

The following is to provide you with basic information on how to safely and appropriately quarantine at home.

#### 1. Activities

- Limit activities and interaction with other persons living outside the home.
- Essential workers should refer to additional guidelines about return to work from local, state and federal health officials.
- Stay at your home except for urgent medical care.
- Do not go to public areas such as grocery store, movie theater, mall, house of worship, day care.
- Failure to follow these instructions will place the health of others at risk.
- Notify friends and relatives that they should not visit your home until further notice.
- Arrange with family, friends or neighbors for the delivery of necessary items to the home, including but not limited to food, clothing, and supplies during the period of quarantine.
- Postpone all non-urgent appointments, such as medical appointments, DSS, etc.

#### 2. Medical Care/Compliance

- Monitor for signs and symptoms of COVID for 10 days after the date of your last exposure.
- If fever or other symptoms develop, call your health care provider to report this change in clinical status and seek testing. Self-isolate until you receive your test results.
- If you or a member of the household develops symptoms and need to visit the doctor, clinic or emergency department, please contact them before you visit.
- Wear a mask to the office and follow their instructions upon your arrival.

#### 3. Safe Practices to Follow if Symptoms Develop

- Cover your nose and mouth with a disposable tissue when coughing or sneezing.
- Household waste, including paper masks and disposable tissues soiled with respiratory secretions or other body fluids should be disposed of as normal household waste.
- Wash hands with soap and water for at least 20 seconds after all contact with respiratory secretions from coughing, sneezing, and all other body fluids. Educate and encourage other members of the household to do the same.
- Clean frequently touched surfaces (countertops, tables, sinks, door knobs etc.) with soap and water or household bleach or Lysol, while wearing gloves, at least daily and when soiled with respiratory secretions, and other body fluids.